

**Chronic Disease Prevention and Health Promotion Section Report
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease**

October 19, 2017

New Staff

- We are excited to announce the recent addition of new staff to the Chronic Disease Prevention and Health Promotion Section. Jennifer Krupp is promoting into our Population Health Services Manager position which oversees our cancer screening programs. Jonathan Lopez has moved into our Grants Project Analyst position from his contract position.
- The CDPHP welcomes to the team Robert Forrest as our Community Health Worker Coordinator and Madison Huntley as our Tobacco Prevention Coordinator. Next week, we will welcome Karin Larin as our Tobacco Coordinator, Sara Byers as our Connecting Kids to Coverage grant Coordinator, and Christopher Bartoni-Rojas as our Administrative Assistant 2.
- We continue to recruit for the Heart Disease and Stroke Prevention Coordinator position that Jennifer Krupp is vacating. We are also in the process of recruiting for our Obesity Coordinator and our Diabetes Coordinator.

Programming

Women's Health Connection

- The Women's Health Connection (WHC) presented on AB 388 at the Nevada Policy Roundtable on Breast Cancer in Reno on October 13th and will also present at the October 25th Roundtable in Las Vegas. The funding will go toward breast and cervical cancer screenings for uninsured and underinsured women in Nevada. WHC is establishing program and screening guidelines for AB388 to provide mammograms to women the aged 40 to 49 years old. This funding would screen approximately 2,745 underinsured or uninsured women in Nevada.
- The program finalized all subgrants for SFY18 and will collaborate with 2 Federally Qualified Health Centers (FQHC), Nevada Cancer Coalition (NCC) and Volunteers in Medicine in Southern Nevada.

Nevada Colorectal Cancer Control Program

- No updates

Comprehensive Cancer Control Program

- No updates

Community Health Worker Program

- The Community Health Worker (CHW) Program successfully completed the Association of State and Territorial Health Officer (ASTHO) CHW Learning Community Technical Assistance grant. The

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Nevada's CHW team joined a series of tailored webinars and conference calls from national leading experts to address goals of certification, reimbursement mechanisms, and sustainability of the CHW Association and CHW workforce in Nevada. The final in-person meeting was held in conjunction with the ATSHO experts, Nevada's leadership and various stakeholders and community members. These opportunities allowed CHW partners and stakeholders to come together to discuss CHW initiatives and progress with future activities.

- The Nevada's CHW Association (NvCHWA) was successfully awarded the HRSA Behavioral Health Workforce and Education grant. The grant will start in October 2017 and will be partially used to develop training and continuing education on mental health to the CHWs in Nevada.
- The CHW Program trained an additional 36 students through the CHW Hybrid Training last month. Nevada's CHW Program is now offering the CHW Train the Trainer Training (TOT) course to provide more volunteers to teach the CHW Hybrid Training. We have 11 students who completed the TOT course. The CHW Hybrid Training offered the first Health Specific Module on Cardiovascular Disease and will expand the course to offer additional supplemental trainings focusing on various chronic diseases.

Connecting Kids to Coverage

- The Connecting Kids to Coverage (CKC) Program continue to work with three partners, Lutheran Social Services of Nevada, Children's Cabinet, and Northern Nevada HOPES. CKC Program places six Community Health Workers (CHWs) to conduct outreach and enrollment activities aimed at eligible children and their families into Nevada's Medicaid and Nevada Check Up programs.
- In July 2017, the CKC Evaluation report was finalized. CKC Program worked closely with the third-party contractor, Yale New Haven Health System, to conduct interviews with the Program Managers and CHWs, to analyze both qualitative and quantitative data, and to identify the most effective strategies for outreach activities.
- In July and August of 2017, 1009 children and 71 parents submitted applications for Nevada Medicaid and/or Nevada Check Up, and total of 101 outreach events and activities were conducted for the CKC Program in Nevada.

Diabetes Prevention and Control Program

- Following the two successful meetings with stakeholders, the Diabetes Prevention and Control Program (DPCP) had finalized the Diabetes State Action Plan in August 2017, as part of the Association of State and Territorial Health Officer, ASTHO, demonstration project: *Strengthening State Systems to Improve Diabetes Management and Outcomes*. The *Three-Year Diabetes Action Plan* was finalized by incorporating input from stakeholders and partners statewide. The plan has been disseminated to partners and shared with their leadership and policymakers.

**Chronic Disease Prevention and Health Promotion Section Report
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease**

October 19, 2017

- During the Nevada Public Health Association Meeting in October 2017, both the work of the Quality and Technical Assistance Center and the Telehealth DSME Pilot project with Nye Communities Coalition was presented during breakout sessions.
- Nevada was selected as the 6th state by the Centers for Disease Control and Prevention to work on increasing access to Diabetes Prevention Program (DPP) in Nevada. DPCP has been collaborating with Nevada Medicaid for expansion of DPP. DPCP also has a plan to reach out to the Managed Organizations to discuss the opportunity and potential for collaborative work.
- DPCP is working with National Association of Chronic Disease Directors (NACDD) to hold the Stakeholder Engagement Meeting on February 6th and 7th in Northern Nevada. This meeting will focus on implementation of Nevada's Diabetes State Action Plan.

Heart Disease & Stroke Prevention Program

- The Heart Disease and Stroke Prevention (HDSP) Program is working on to hold an annual in-person meeting for HDSP Taskforce Group on November 15, 2017 in Las Vegas. The purpose of this meeting will be to update and revise the HDSP State Plan for Nevada. This meeting will bring together nearly 75 stakeholders dedicated to preventing Heart Disease and Stroke across the state.
- The Self-Monitoring Blood Pressure (SMBP) Program continues to be successful and the program was expanded to Northern Nevada HOPES in Washoe County and to Nevada Health Center's Martin Luther King Family Health Center in Clark County. In Northern Nevada HOPES, a CHW is working with the two primary care providers to identify, enroll, and educate hypertensive patients on home-monitoring blood pressure. HDSP is also working with the IT department at HOPES to allow appropriate data collection through the Electronic Medical Record.
- The Nevada's success and efforts around SMBP Program has been recognized by the CDC and Nevada's HDSP team will be providing the technical assistance to the team in New Hampshire.

Food Security

- The Governor's Council on Food Security (GCFS) motioned the creation of two subcommittees to review and update *Food Security in Nevada: Nevada's Plan for Action*. Both subcommittees have met twice. The Office of Food Security is updating the plan per Subcommittee recommendations. The revised plan will be presented at the November 15th GCFS meeting for the Council's consideration.

**Chronic Disease Prevention and Health Promotion Section Report
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease**

October 19, 2017

Obesity Prevention Program

- September was National Childhood Obesity Awareness month. A social media campaign was coordinated in collaboration with Women, Infants and Children (WIC) and Maternal, Child and Adolescent Health to inform Nevada caregivers how breastfeeding, physical activity, reduced sedentary time, and healthy eating supports a healthy weight in children. The campaign reached a total of 227,487 Nevadans through Facebook, Instagram, and Twitter.
- SB 165, defining obesity as a chronic disease and reinstating height and weight measures in schools, was approved by the Governor on June 1st. The bill requires the Washoe County and Clark County School Districts to conduct examinations of height and weight of certain pupils in 4th, 7th, and 10th grades. The Division of Public and Behavioral Health's School Health and Obesity Prevention and Control Programs are working with the Office of Public Health Infographics and Epidemiology along with Clark County School District, Washoe County School District, Southern Nevada Health District, Washoe County Health District, and the University of Nevada, Reno to establish the methodology for data collection and reporting throughout the 2017-2018 school year.

School Health Program

- Nevada school districts were offered training on a Comprehensive School Physical Activity Program (CSPAP) in the spring of 2017 to implement 60 minutes of physical activity daily for students. The School Health Coordinator is providing action planning technical assistance for the 2017-2018 school year to at least four school districts targeting elementary schools to do a phased Comprehensive School Physical Activity Program (CSPAP) plan with CSPAP trainer support.
- The School Health coordinator established with the Washoe County School District (WCSD) PE Leaders a professional development session from Interactive Health Technologies, (IHT) LLC on how to track moderate to vigorous physical education/activity in a PE class through software and heart rate monitors. A pilot study utilizing the IHT software system and heart rate monitors started on September 18, 2017 with eight PE teachers in middle and high schools in the WCSD and will continue until December 31, 2017.
- The School Health Coordinator is collaborating with The Nevada Department of Agriculture on planning of a School Health Conference to provide education on School Wellness policies and more. The conference will take place in the spring of 2018 for school wellness coordinators, administrators and other school staff.
- The School Health Coordinator continues to be part of Nevada's Green Ribbon Schools Initiative with the Nevada Department of Education. The coordinator is the lead for pillar two: Health and

**Chronic Disease Prevention and Health Promotion Section Report
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease**

October 19, 2017

Wellness for Students and Staff, and has created a list of partners to help schools become qualified to apply and has met with the superintendents of the school districts to present the initiative. A new application as of September 2017 was developed to support schools applying for the 2017-18 school year.

Tobacco Prevention and Control Program

- Western Nevada College and Truckee Meadows Community College are both on track to be 100% Tobacco-Free this fall.
- Multi-housing efforts leveraged the PICH grant that was awarded to the state's largest local health authority; this partner has reported that efforts will appear much more scaled down going forward as they are not able to work with other funding that drove media and assessments that supported this activity.
- Non-profits and the local health authority continue to work with the Mesquite citizens for Clean Indoor Air Coalition. Although there is still resistance at some level at making Mesquite a smoke-free city, efforts continue with the core members leading. Currently, three "YES" votes needed (focusing on two fence-sitters, including one new member). Working on signing letters (Business and Individual), council meeting testimonies, bringing out speakers from smoke-free casinos to talk to press w/ council members and coalitions.

Quitline Capacity

- A formal site visit was carried out to Nevada State Quitline's vendor with a detailed, documented program and fiscal overview. topics included, budget analysis, program highlights, including priority populations, systems changes through electronic referrals to the quitline, 2016 outcomes report, establishing partnerships with private insurance carriers and observing coaching calls from clients enrolled in the program.
- The Medicaid and TPCP partnership has created (two of the three) Medicaid Managed Care Organizations to contract with the same quitline vendor as the state to provide tobacco cessation services for their recipients. This accomplished goal will allow easier access to quitline data and will create more sustainability for the Nevada Tobacco Quitline.
- Current budget for Nicotine Replacement Therapy shipments through the state quitline is available to priority populations only: pregnant/postpartum, American Indian and uninsured.